



RUSSELL GORNICHEC, M.D., P.C., FACS

OKBariatrics.com

3433 NW. 56<sup>th</sup> Street  
Suite 710, Building B  
Oklahoma City, OK 73112  
(405) 713-4450 Fax (405) 713-4449

### PATIENT PATHWAY TO SURGERY CHECKLIST

Please use this checklist to make sure that you have completed the necessary steps toward bariatric surgery. If you have any questions along the way or want to check on the status of your chart, please call your patient advocate, \_\_\_\_\_, at (405) 713-4450.

- Attend Seminar. Date: \_\_\_\_\_ Time: \_\_\_\_\_
- Call insurance company and ask if Gastric Bypass and/or Lap Band surgery is a "covered benefit" and/or check employee handbook.
- Schedule Appointment with Bariatric Coordinator: Date: \_\_\_\_\_ Time: \_\_\_\_\_
- Pay \$300.00 processing fee. This fee must be paid at appointment with Bariatric Coordinator before insurance processing and testing is arranged. Fee will be applied to cost of surgery, not co-pays or costs for initial and pre-op consultation with Dr. Gornichec, but will not be refunded if surgery is not completed.
- To do BEFORE my appointment with Coordinator:
  - Complete Download and complete forms (10) from website by going to okbariatrics.com under "*Patient Information*" then "*Patient Document Download*" and bring to consultation appointment.
  - Write a letter "Why I want bariatric surgery" and bring to consultation appointment.
  - Request a letter from Primary Care Physician stating their support for bariatric surgery. A sample letter can be found under "*Patient Document Download*" as above, then "*Sample PCP Letter*". This letter can be sent directly to our office.
  - Call Primary Care Physician to order medical records supporting weight loss attempts and five year history of morbid obesity. You can use the Request for Medical Records form from the website. These records can be sent directly to our office.
- To do AFTER my appointment with Coordinator:
  - Psychological Appointment
  - Diagnostic Studies (Lab work, EKG, Pulmonary Function Test (PFT), Echocardiogram, Sleep Study, etc.) Call Integris Scheduling Line at 951-5000 to schedule. Additional testing will be scheduled if necessary.
- Schedule Appointment with Dr. Gornichec:
  - Date: \_\_\_\_\_ Time: \_\_\_\_\_
- Attend support group meeting prior to surgery. Go to OKbariatrics.com, "*Our Program*", "*Support Group*" for date and time of next meeting. Support group meetings are held the first Saturday and the third Tuesday of each month
- Pre-Operative & Post-Operative Appointments:
  - Pre-Op Appointment with Dr. Gornichec
  - Pre-Op Nutrition Class
  - Pre-Op Lab Work with hospital
  - Post-Op Appointment with Dr. Gornichec (2 Weeks)
- Attend post-op support group meeting.